



# Breakfast in the Classroom

## Empire, Fremont, Mark Twain

September 2019

2 NO SCHOOL	3 Cherry Frudel Fresh Orange	4 Berry French Toast Sticks Strawberry Craisins	5 Blueberry Muffin Banana	6 Chocolate Crescent Apple Slices
9 Cinnamon French Toast Sticks Fresh Apple	10 Blueberry Muffin String Cheese Fresh Orange	11 Mini Strawberry Pancakes Banana	12 Cherry Frudel Banana	13 Chocolate Oat Benefit Bar Apple Slices
16 Chocolate Muffin Fresh Apple	17 Chocolate Crescent Fresh Orange	18 Mini Blueberry Waffles Strawberry Craisins	19 Mini Strawberry Pancakes Banana	20 Apple Bosco Stick Apple Slices
23 Chocolate Muffin Fresh Apple	24 Mini Blueberry Waffles Fresh Orange	25 Chocolate Crescent\ Strawberry Craisins	26 Cherry Frudel Banana	27 Chocolate Oat Benefit Bar Apple Slices
30 NO SCHOOL				

**More info...**  
**A choice of Milk is also offered at Breakfast**  
Juice May also be served at Breakfast

**More info...**  
**Menus are subject to change**



# Elementary Lunch Menu

September 2019

**2**  
  
**NO SCHOOL**

**3**  
Green Chile Cheese Quesadilla  
**\*Corn Dog**  
Sunbutter Jelly Sandwich  
Baked Beans  
Red Pepper Strips  
Apple Weges  
Diced Pears

**4**  
**\*Chicken Drumstick w/Roll**  
Cheeseburger  
Turkey Cheese Salad w/Roll  
Green Beans  
Mashed Potatoes  
Banana  
Diced Peaches

**5**  
BBQ Rib Sandwich  
**\*Grilled Cheese**  
Ham, Turkey Cheese Sandwich  
Celery Sticks  
Corn  
Orange Wedges  
Applesauce

**6**  
**\*Cheese Pizza**  
Chicken Nuggets w/Roll  
Popcorn Chicken Salad w/Roll  
Sweet Potato Fries  
Cucumber Slices  
Grapes  
Diced Pears

**9**  
**BIRTHDAY CELEBRATION!**  
**\*Mini Confetti Pancakes w/ Sausage Patties**  
Chicken Patty Sandwich  
Egg Chef Salad w/ Roll  
Tater Tots  
Broccoli  
Orange Wedges  
Mixed Fruit

**10**  
Pizza Sticks w/ Sauce  
**\*Chicken Nuggets w/Roll**  
Turkey Cheese Sandwich  
Green Beans  
Red Pepper Strips  
Apple Wedges  
Diced Pears

**11**  
Crispy Beef Tacos  
**\*Hot Dog**  
Sunbutter Jelly Sandwich  
Fresh Cauliflower  
Campfire Beans  
Banana  
Diced Peaches

**12**  
Tangerine Chicken w/Rice  
**\*Cheeseburger**  
Chicken Caesar Salad w/Roll  
Corn  
Celery Sticks  
Orange Wedges  
Applesauce

**13**  
**\*Pepperoni Pizza**  
Grilled Cheese  
Turkey and Ham Wrap  
Romaine Salad  
Baby Carrots  
Grapes  
Diced Pears

**16**  
Cheese Enchiladas  
**\*Chicken Patty Sandwich**  
Beef Nacho Salad  
Tomato Wedges  
Campfire Beans  
Orange Wedges  
Mixed Fruit

**17**  
Popcorn Chicken Bowl w/Breadstick  
**\*Corn Dog**  
Ham Cheese Sandwich  
Roasted Cauliflower  
Cucumber Slices  
Apple Wedges  
Diced Pears

**18**  
Meatball Sub  
**\*Cheeseburger**  
Sunbutter Jelly Sandwich  
Corn  
Celery Sticks  
Banana  
Diced Peaches

**19**  
Spicy Chicken Sandwich  
**\*Chicken Nuggets w/Roll**  
Turkey Chef Salad  
French Fries  
Romaine Salad  
Orange Wedges  
Applesauce

**20**  
**\*Pepperoni Pizza**  
Grilled Cheese  
Turkey Cheese Sandwich  
Broccoli  
Red Pepper Strips  
Grapes  
Diced Pears

**23**  
**\*Pizza Sticks w/ Sauce**  
Chicken Tenders w/Roll  
Ham Sandwich  
Broccoli  
Corn  
Orange Wedges  
Mixed Fruit

**24**  
BBQ Rib Sandwich  
**\*Hot Dog**  
Turkey Cheese Salad w/Roll  
Green Beans  
Baby Carrots  
Apple Wedges  
Diced Pears

**25**  
**\*French Toast Sticks w/ Sausage Patties**  
Cheeseburger  
Sunbutter Jelly Sandwich  
Tater Tots  
Celery Sticks  
Banana  
Diced Peaches

**26**  
**\*Chicken Drumstick w/Roll**  
Corn Dog  
Turkey Cheese Sandwich  
Mashed Potatoes  
Baked Beans  
Orange Wedges  
Applesauce

**27**  
**\*Cheese Pizza**  
Chicken Nuggets w/Roll  
Ham Turkey Wrap  
Grape Tomatoes  
Romaine Salad  
Grapes  
Diced Pears

**30**  
  
**NO SCHOOL**

### More info...

A choice of Milk and 100% Fruit Juice are also offered at Lunch.

Breakfast \$1.50 Lunch \$2.90

No Charge for Students at Empire, Fremont, Mark Twain

### More info...

Entrees in **\*Bold** will be served to Kinder

Menus are subject to Change