



September 2018

Pre-K Lunch Menu

3 No School Labor Day <i>side items</i>	4 Chicken Nuggets Green Beans Diced Pears <i>side items</i>	5 Cheese Pizza Campfire Beans Fresh Banana <i>side items</i>	6 Chicken Crispito Garden Salad Applesauce <i>side items</i>	7 Pepperoni Pizza Cucumbers 100% Fruit Juice <i>side items</i>
10 Loaded Cheeseburger Grape Tomatoes Orange Wedges <i>side items</i>	11 Hotdog on Bun Garden Salad Apple Slices <i>side items</i>	12 Breaded Drumstick w/ Roll Mashed Potatoes Diced Peaches <i>side items</i>	13 Chicken Crispito Kickin' Pinto Beans Applesauce <i>side items</i>	14 Cheese Pizza Baby Carrots 100% Fruit Juice <i>side items</i>
17 French Toast Sticks w/ Sausage Patty Tater Tots Mixed Fruit <i>side items</i>	18 Bean & Cheese Burrito Garden Salad Diced Pears <i>side items</i>	19 Italian Dunker w/ Marinara Whole Kernel Corn Fresh Banana <i>side items</i>	20 Chicken Nuggets Kickin' Pinto Beans Applesauce <i>side items</i>	21 Pepperoni Pizza Baby Carrots 100% Fruit Juice <i>side items</i>
24 Breaded Drumstick w/ Roll Mashed Potatoes Mixed Fruit <i>side items</i>	25 Boneless Wings Green Beans Diced Pears <i>side items</i>	26 Bean & Cheese Burrito Garden Salad Fresh Banana <i>side items</i>	27 Chicken Nuggets Refried Beans Applesauce <i>side items</i>	28 Pepperoni Pizza Baby Carrots 100% Fruit Juice <i>side items</i>
<i>side items</i>	<i>side items</i>	<i>side items</i>	<i>side items</i>	<i>side items</i>



Menu Subject to change

Additional Information

Meal Prices

Breakfast—\$1.50 Lunch \$2.85
 NO charge for students at Empire



Grain Choice

We use only heart-healthy whole grain breads and rolls



Milk Choice

1% low fat & unflavored fat-free choices \$.50