



October 2018

Kindergarten Lunch Menu Empire, Fremont, Mark Twain

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| 1 No School Labor Day <i>side items</i> | 2 Chicken Tenders w/ Roll Apple Slices Garden Salad <i>side items</i> | 3 Italian Dunkers w/ Marinara Green Beans Diced Peaches <i>side items</i> | 4 Hotdog on Bun Campfire Beans Applesauce <i>side items</i> | 5 Cheese Pizza Whole Kernel Corn 100% Fruit Juice <i>side items</i> |
| 8 Corndog Baby Carrots Mixed Fruit <i>side items</i> | 9 Chicken Nuggets w/ Roll Diced Pears Green Beans <i>side items</i> | 10 Hamburger Garden Salad Fresh Banana <i>side items</i> | 11 Boneless Wings w/ Roll Campfire Beans Applesauce <i>side items</i> | 12 Pepperoni Pizza Cucumbers 100% Fruit Juice <i>side items</i> |
| 15 Breaded Drumstick w/ Roll Mashed Potatoes Orange Wedges <i>side items</i> | 16 Italian Dunkers w/ Marinara Garden Salad Applesauce <i>side items</i> | 17 Birthday Celebration Mini Confetti Pancakes w/ Sausage Patties Tater Tots Diced Peaches <i>side items</i> | 18 Chicken & Chili Taquitos Kickin' Pintos Applesauce <i>side items</i> | 19 Cheese Pizza Baby Carrots 100% Fruit Juice <i>side items</i> |
| 22 French Toast Sticks w/ Sausage Patties Tater Tots Mixed Fruit <i>side items</i> | 23 Bean & Cheese Burrito Garden Salad Diced Pears <i>side items</i> | 24 Italian Dunkers w/ Marinara Whole Kernel Corn Fresh Banana <i>side items</i> | 25 Chicken Nuggets w/ Roll Kickin' Pintos Applesauce <i>side items</i> | 26 No School Nevada Day <i>side items</i> |
| 29 Breaded Drumstick w/ Roll Mashed Potatoes Mixed Fruit <i>side items</i> | 30 Boneless Wings w/ Roll Green Beans Diced Pears <i>side items</i> | 31 Halloween Bean & Cheese Boo-Burrito Garden Salad Fresh Banana Spooky Sundae <i>side items</i> | <i>side items</i> | <i>side items</i> |



Choose and Entree: Our featured hot entrée, a hot handheld favorite; and a salad or a sandwich
Take up to 3 sides:
 Each meal includes: fresh varieties of fruit, and a healthful rotation of vegetables

Menu Subject to change

Additional Information

Meal Prices

Breakfast—\$1.50 Lunch \$2.85
NO charge for students at Empire and Mark Twain



Grain Choice

We use only heart-healthy whole grain breads and rolls



Milk Choice

1% low fat & unflavored/ flavored fat-free choices \$.50