



November 2018

Pre-K Lunch Menu

<p>4</p> <p>side items</p>	<p>5</p> <p>side items</p>	<p>6</p> <p>side items</p>	<p>1</p> <p>Hamburger</p> <p>Refried Beans Applesauce</p> <p>side items</p>	<p>2</p> <p>Pepperoni Pizza</p> <p>Baby Carrots 100% Fruit juice</p> <p>side items</p>
<p>5</p> <p>Fish Bites</p> <p>Grape Tomatoes Fresh Fruit</p> <p>side items</p>	<p>6</p> <p>Chicken Tenders</p> <p>Apple Slices Garden Salad</p> <p>side items</p>	<p>7</p> <p>Italian Dunker w/ Marinara</p> <p>Green Beans Diced Peaches</p> <p>side items</p>	<p>8</p> <p>Hotdog on Bun</p> <p>Campfire Beans Applesauce</p> <p>side items</p>	<p>9</p> <p>Cheese Pizza</p> <p>Whole Kernel Corn 100% Fruit Juice</p> <p>side items</p>
<p>12</p> <p>No School Veterans Day</p> <p>side items</p>	<p>13</p> <p>Bean & Cheese Burrito</p> <p>Diced Pears Green Beans</p> <p>side items</p>	<p>14</p> <p>Hamburger</p> <p>Garden Salad Fresh Banana</p> <p>side items</p>	<p>15</p> <p>Corndog</p> <p>Green Beans Apple Slices</p> <p>side items</p>	<p>16</p> <p>Pepperoni Pizza</p> <p>Cucumbers 100% Fruit Juice</p> <p>side items</p>
<p>19</p> <p>Breaded Drumstick w/ Roll</p> <p>Mashed Potatoes Fresh Fruit</p> <p>side items</p>	<p>20</p> <p>Cheeseburger</p> <p>Garden Salad Apple Slices</p> <p>side items</p>	<p>21</p> <p>No School Thanksgiving</p> <p>side items</p>	<p>22</p> <p>No School Thanksgiving</p>  <p>side items</p>	<p>23</p> <p>No School Thanksgiving</p> <p>side items</p>
<p>26</p> <p>Mini Confetti Pancakes w/ Sausage Patty</p> <p>Tater Tots Mixed Fruit</p> <p>side items</p>	<p>27</p> <p>Bean & Cheese Burrito</p> <p>Garden Salad Diced Pears</p> <p>side items</p>	<p>28</p> <p>Italian Dunker w/ Marinara</p> <p>Whole Kernel Corn Fresh Banana</p> <p>side items</p>	<p>29</p> <p>Boneless Wings</p> <p>Kickin' Pintos Applesauce</p> <p>side items</p>	<p>30</p> <p>Pepperoni Pizza</p> <p>Baby Carrots 100% Fruit Juice</p> <p>side items</p>



Menu Subject to change

Additional Information

Meal Prices

Breakfast—\$1.50 Lunch \$2.85
NO charge for students at Empire



Grain Choice

We use only heart-healthy whole grain breads and rolls



Milk Choice

1% low fat & unflavored fat-free choices \$.50