



November 2018

Kindergarten Lunch Menu Empire, Fremont, Mark Twain

<p>4</p> <p>side items</p>	<p>5</p> <p>side items</p>	<p>6</p> <p>side items</p>	<p>1</p> <p>Hamburger</p> <p>Refried Beans Applesauce</p>	<p>2</p> <p>Pepperoni Pizza</p> <p>Baby Carrots 100% Fruit Juice</p>
<p>5</p> <p>Fish Bites w/ Roll</p> <p>Grape Tomatoes Fresh Fruit</p>	<p>6</p> <p>Chicken Tenders w/ Roll</p> <p>Apple Wedges Garden Salad</p>	<p>7</p> <p>Italian Dunkers w/ Marinara</p> <p>Green Beans Diced Peaches</p>	<p>8</p> <p>Hotdog on Bun</p> <p>Campfire Beans Applesauce</p>	<p>9</p> <p>Cheese Pizza</p> <p>Whole Kernel Corn 100% Fruit Juice</p>
<p>12</p> <p>No School Veterans Day</p> <p>side items</p>	<p>13</p> <p>Bean & Cheese Burrito</p> <p>Pears Green Beans</p>	<p>14</p> <p>Hamburger</p> <p>Garden Salad Fresh Banana</p>	<p>15</p> <p>Corndog</p> <p>Green Beans Apple Slices Pumpkin Spice Ice Cream Cup</p>	<p>16</p> <p>Pepperoni Pizza</p> <p>Cucumbers 100% Fruit Juice</p>
<p>19</p> <p>Breaded Drumstick w/ Roll</p> <p>Mashed Potatoes Fresh Fruit</p>	<p>20</p> <p>Cheeseburger</p> <p>Garden Salad Apple Slices</p>	<p>21</p> <p>No School Thanksgiving</p> <p>side items</p>	<p>22</p> <p>No School Thanksgiving</p> 	<p>23</p> <p>No School Thanksgiving</p> <p>side items</p>
<p>26 Birthday Celebration</p> <p>Mini Confetti Pancakes w/ Sausage Patties</p> <p>Tater Tots Mixed Fruit</p>	<p>27</p> <p>Bean & Cheese Burrito</p> <p>Garden Salad Diced Pears</p>	<p>28</p> <p>Italian Dunkers w/ Mariana</p> <p>Whole Kernel Corn Fresh Banana</p>	<p>29</p> <p>Boneless Wings w/ Roll</p> <p>Kickin Pintos Applesauce</p>	<p>30</p> <p>Pepperoni Pizza</p> <p>Baby Carrots 100% Fruit Juice</p>



Choose and Entree: Our featured hot entrée, a hot handheld favorite; and a salad or a sandwich
Take up to 3 sides:
 Each meal includes: fresh varieties of fruit, and a healthful rotation of vegetables

Menu Subject to change

Additional Information

Meal Prices

Breakfast—\$1.50 Lunch \$2.85
 NO charge for students at Empire and Mark Twain



Grain Choice

We use only heart-healthy whole grain breads and rolls



Milk Choice

1% low fat & unflavored/ flavored fat-free choices \$.50