



# Pre-K Breakfast

## May 2019

		1 Rice Chex Cereal Fresh Banana	2 Cheerios Cereal Strawberry Craisins	3 Strawberry Banana Yogurt w/ Animal Crackers 100% Apple Juice
6 Blueberry Muffin Strawberry Applesauce Cup	7 Rice Krispies Cereal Apple Wedges	8 Rice Chex Cereal Fresh Banana	9 Cheerios Cereal Strawberry Craisins	10 Strawberry Banana Yogurt w/ Animal Crackers 100% Apple Juice
13 Chocolate Muffin Strawberry Applesauce Cup	14 Rice Krispies Cereal Apple Wedges	15 Rice Chex Cereal Fresh Banana	16 Cheerios Cereal Strawberry Craisins	17 Strawberry Banana Yogurt w/ Animal Crackers 100% Apple Juice
20 Blueberry Muffin Strawberry Applesauce Cup	21 Rice Krispies Cereal Apple Wedges	22 Rice Chex Cereal Fresh Banana	23 Cheerios Cereal Strawberry Craisins	24 Strawberry Banana Yogurt w/ Animal Crackers 100% Apple Juice
27 No School	28 Rice Krispies Cereal Apple Wedges	29 Rice Chex Cereal Fresh Banana	30 Cheerios Cereal Strawberry Craisins	31 Strawberry Banana Yogurt w/ Animal Crackers 100% Apple Juice

### More info...

All Grains are Whole Grain  
Students will be asked to choose at least 3 items daily.

### More info...

#### Meal Prices

Breakfast - \$1.50 Lunch - \$2.85  
NO Charge for Students at Empire

### Grab a milk

1% low fat & unflavored fat-free choices