



Elementary Breakfast Menu

May 2019

1
Breakfast Pizza
Animal Crackers w/
String Cheese

Fresh Banana
 Applesauce
 100% Orange Juice

2
Mini Strawberry Pan-
cakes
Goldfish Pretzels w/
Strawberry Banana
Yogurt

Fresh Fruit
 Strawberry Craisins
 100% Fruit Juice

3
Chocolate Muffin
Jurassic Park
Grahams w/ String
Cheese

Fresh Apple
 Diced Peaches
 100% Apple Juice

6
Cherry Frudel
Grahams w/ String
Cheese

Fresh Apple
 Diced Pears
 100% Grape Juice

7
Strawberry Cream
Cheese Bagel
Goldfish Pretzels w/
Strawberry Banana Yo-
gurt

Fresh Fruit
 Mixed Fruit
 100% Fruit Juice

8
Blueberry Muffin
Animal Crackers w/
String Cheese

Fresh Banana
 Applesauce
 100% Orange Juice

9
French Toast Sticks w/
syrup
Goldfish Pretzels w/
Strawberry Banana
Yogurt

Fresh Fruit
 Strawberry Craisins
 100% Fruit Juice

10
Chocolate Crescent
Jurassic Park
Grahams w/ String
Cheese

Fresh Apple
 Diced Peaches
 100% Apple Juice

13
Blueberry Waffles
Grahams w/ String
Cheese

Fresh Apple
 Diced Pears
 100% Grape Juice

14
Pancake on a Stick
Goldfish Pretzels w/
Strawberry Banana
Yogurt

Fresh Fruit
 Mixed Fruit
 100% Fruit Juice
 100% Fruit Juice

15
Cinnamon Roll
Animal Crackers w/
String Cheese

Fresh Banana
 Applesauce
 100% Orange Juice

16
Banana Muffin
Goldfish Pretzels w/
Strawberry Banana
Yogurt

Fresh Fruit
 Strawberry Craisins
 100% Fruit Juice

17
Benefit Bar
Jurassic Park
Grahams w/ String
Cheese

Fresh Apple
 Diced Peaches
 100% Apple Juice

20
Pancakes w/ Syrup
Grahams w/ String
Cheese

Fresh Apple
 Diced Pears
 100% Grape Juice

21
Glazed donut
Goldfish Pretzels w/
Strawberry Banana
Yogurt

Fresh Fruit
 Mixed Fruit
 100% Fruit Juice

22
Chorizo Beef & Cheese
Taquito
Animal Crackers w/
String Cheese

Fresh Banana
 Applesauce
 100% Orange Juice

23
Breakfast Pizza
Goldfish Pretzels w/
Strawberry Banana
Yogurt

Fresh Fruit
 Strawberry Craisins
 100% Fruit Juice

24
Chocolate Crescent
Jurassic Park
Grahams w/ String
Cheese

Fresh Apple
 Diced Peaches
 100% Apple Juice

27
No School

28
Blueberry Muffin
Goldfish Pretzels w/
Strawberry Banana Yo-
gurt

Fresh Fruit
 Mixed Fruit
 100% Fruit Juice

29
Omelet w/ Tater Tots
& Toast
Animal Crackers w/
String Cheese

Fresh Banana
 Applesauce
 100% Orange Juice

30
Glazed Donut
Goldfish Pretzels w/
Strawberry Banana
Yogurt

Fresh Fruit
 Strawberry Craisins
 100% Fruit Juice

31
Cherry Frudel
Jurassic Park
Grahams w/ String
Cheese

Fresh Apple
 Diced Peaches
 100% Apple Juice

More info...

Breakfast is a main entrée OR pick two from the grains and proteins offered each day for your meal

Assorted Whole Grain Cereals offered daily with WG Animal Crackers

More info...

Breakfast - \$ 1.50 Lunch - \$2.85
 NO Charge for students at Empire

Grab a milk

1% low fat & unflavored/
 flavored fat-free choices

Menu is subject to change