



Pre-K Breakfast

March 2019

				1 Strawberry Banana Yogurt w/ Animal Crackers 100% Apple Juice
4 Chocolate Muffin Strawberry Applesauce Cup	5 Rice Krispies Cereal Apple Wedges	6 Rice Chex Cereal Fresh Banana	7 Cheerios Cereal Strawberry Craisins	8 Strawberry Banana Yogurt w/ Animal Crackers 100% Apple Juice
11 Blueberry Muffin Strawberry Applesauce Cup	12 Rice Krispies Cereal Apple Wedges	13 Rice Chex Cereal Fresh Banana	14 Cheerios Cereal Strawberry Craisins	15 No School
18 No School	19 Rice Krispies Cereal Apple Wedges	20 Rice Chex Cereal Fresh Banana	21 Cheerios Cereal Strawberry Craisins	22 Strawberry Banana Yogurt w/ Animal Crackers 100% Apple Juice
25 Blueberry Muffin Strawberry Applesauce Cup	26 Rice Krispies Cereal Apple Wedges	27 Rice Chex Cereal Fresh Banana	28 Cheerios Cereal Strawberry Craisins	29 Strawberry Banana Yogurt w/ Animal Crackers 100% Apple Juice

More info...

All Grains are Whole Grain
Students will be asked to choose at least 3 items daily.

More info...

Meal Prices

Breakfast - \$1.50 Lunch - \$2.85
NO Charge for Students at Empire

Grab a milk

1% low fat & unflavored fat-free choices