



Elementary Lunch Empire, Fremont, Mark Twain

<p>side items</p>	<p>side items</p>	<p>side items</p>	<p>side items</p>	<p>1 Dr. Seuss Birthday Pepperoni Pizza Chicken Patty Sandwich Turkey & Cheese Sandwich</p> <p>side items Baby Carrots Garden Salad Cucumbers Mixed Berry Cup Orange Juice Mini Rice Krispy</p>
<p>4 Birthday Celebration Mini Confetti Pancakes w/ Cheese Omelet BBQ Riblet on Bun Chicken Chef Salad w/ Roll</p> <p>side items Tater Tots Garden Salad Baby Carrots Orange Wedges Mixed Fruit</p>	<p>5 Italian Dunkers w/ Marinara Hotdog on Bun Make Your Own Flatbread Pizza</p> <p>side items Roasted Carrots Garden Salad Cauliflower Apple Slices Diced Pears</p>	<p>6 Cheeseburger Chicken Tenders w/ Roll Sunbutter & Jelly Sandwich</p> <p>side items Whole Kernel Corn Celery Sticks Garden Salad Fresh Banana Diced Peaches</p>	<p>7 Crunchy Beef Tacos Spicy Popcorn Chicken w/ Roll Turkey Sandwich</p> <p>side items Kickin Pintos Baby Carrots Garden Salad Rosy Applesauce Mixed Berry Cup</p>	<p>8 Cheese Pizza Hamburger Ham & Cheese Sub</p> <p>side items Green Beans Cucumbers Garden Salad Fresh Orange 100% Orange Juice Fresh Apple</p>
<p>11 Breaded Drumstick w/ Roll BBQ Pulled Pork Sandwich Turkey & Cheese Sub</p> <p>side items Mashed Potatoes Fresh Broccoli Garden Salad Mixed Fruit Orange Wedges</p>	<p>12 Penne w/ Meatsauce Bean & Cheese Burrito Mozzarella Cheddar Salad w/ Roll</p> <p>side items Green Beans Baby Carrots Garden Salad Apple Slices Diced Pears</p>	<p>13 Italian Dunkers w/ Marinara Corn dog Make Your Own Pepperoni Pizza Bagel</p> <p>side items Whole Kernel Corn Cauliflower Garden Salad Fresh Banana Diced Peaches</p>	<p>14 Fish Bites w/ Roll Chicken Nuggets w/ Roll All American Wrap</p> <p>side items Kickin Pintos Celery Sticks Garden Salad Rosy Applesauce Fresh Orange</p>	<p>15 No School</p> <p>side items</p>
<p>18 No School</p> <p>side items</p>	<p>19 Penne w/ Meatsauce Boneless Wings w/ Roll Chicken Chef Salad w/ Roll</p> <p>side items Green Beans Baby Carrots Garden Salad Apple Slices Diced Pears</p>	<p>20 Green Chile Quesadilla Bean & Cheese Burrito Fruit & Cheese Plate w/ Roll</p> <p>side items Whole Kernel Corn Cucumbers Garden Salad Fresh Banana Diced Peaches</p>	<p>21 Crunchy Taco Day Crunchy Beef Tacos w/ Mexican Rice Chicken Nuggets w/ Roll Turkey & Cheese Sub</p> <p>side items Refried Beans Celery Sticks Garden Salad Rosy Applesauce Mixed Berry Cup</p>	<p>22 Pepperoni Pizza Chicken Patty Sandwich All American Wrap</p> <p>side items Baby Carrots Cauliflower Garden Salad Fresh Apple 100% Orange Juice</p>
<p>25 Cheese Enchiladas Fish Bites w/ Roll Make Your Own Pepperoni Pizza Bagel</p> <p>side items Seasoned Crisscut Fries Baby Carrots Garden Salad Orange Wedges Mixed Fruit</p>	<p>26 BBQ Pulled Pork Sandwich Chicken Tenders w/ Roll Turkey Sub</p> <p>side items Roasted Cauliflower Garden Salad Cucumbers Apple Slices Diced Pears</p>	<p>27 Penne w/ Meatsauce Italian Dunkers w/ Marinara All American Sandwich</p> <p>side items Green Beans Garden Salad Celery Sticks Fresh Banana Diced Peaches</p>	<p>28 Spicy Chicken Sandwich Hotdog on Bun Chicken Chef Salad w/ Roll</p> <p>side items Campfire Beans Celery Sticks Garden Salad Applesauce Fresh Orange</p>	<p>29 Cheese Pizza BBQ Riblet on Bun Sunbutter & Jelly Sandwich</p> <p>side items Whole Kernel Corn Garden Salad Fresh Broccoli Mixed Berry Cup Orange Juice Fresh Apple</p>



Choose and Entree: Our featured hot entrée, a hot handheld favorite; and a salad or a sandwich

Take up to 3 sides:

Each meal includes: fresh varieties of fruit, and a healthful rotation of vegetables

Menu Subject to change

Additional Information

Meal Prices

Breakfast—\$1.50 Lunch \$2.85
NO charge for students at Empire



Grain Choice

We use only heart-healthy whole grain breads and rolls



Milk Choice

1% low fat & unflavored/
flavored fat-free choices \$.50