



January 2019

Pre-K Lunch Menu

<p>1 No School</p> <p>side items</p>	<p>2 No School</p> <p>side items</p>	<p>3 No School</p> <p>side items</p>	<p>4 No School</p> <p>side items</p>
<p>7 Breaded Drumstick w/ Roll</p> <p>Mashed Potatoes Mixed Fruit</p> <p>side items</p>	<p>8 Boneless Wings</p> <p>Diced Pears Green Beans</p> <p>side items</p>	<p>9 Bean & Cheese Burrito</p> <p>Whole Kernel Corn Fresh Banana</p> <p>side items</p>	<p>10 Chicken Nuggets</p> <p>Refried Beans Applesauce</p> <p>side items</p>
<p>14 Fish Bites</p> <p>Baby Carrots Mixed Fruit</p> <p>side items</p>	<p>15 Chicken Tenders</p> <p>Apple Slices Garden Salad</p> <p>side items</p>	<p>16 Italian Dunker w/ Marinara</p> <p>Green Beans Diced Peaches</p> <p>side items</p>	<p>17 Hotdog On Bun</p> <p>Campfire Beans Applesauce</p> <p>side items</p>
<p>21 No School</p> <p>side items</p>	<p>22 Chicken Nuggets</p> <p>Diced Pears Green Beans</p> <p>side items</p>	<p>23 Hamburger</p> <p>Garden Salad Fresh Banana</p> <p>side items</p>	<p>24 Boneless Wings</p> <p>Campfire Beans Applesauce</p> <p>side items</p>
<p>28 Mini Confetti Pancakes w/ Sausage Patty</p> <p>Tater Tots Mixed Fruit</p> <p>side items</p>	<p>29 Italian Dunker w/ Marinara</p> <p>Garden Salad Diced Pears</p> <p>side items</p>	<p>30 Chicken Tenders</p> <p>Corn Diced Peaches</p> <p>side items</p>	<p>31 Chicken & Chili Taquito</p> <p>Kickin Pintos Applesauce</p> <p>side items</p>
<p>11 Pepperoni Pizza</p> <p>Baby Carrots 100% Orange Juice</p> <p>side items</p>	<p>18 Cheese Pizza</p> <p>Whole Kernel Corn 100% Orange Juice</p> <p>side items</p>	<p>25 Pepperoni Pizza</p> <p>Cucumbers 100% Orange Juice</p> <p>side items</p>	<p>side items</p>



Menu Subject to change

Additional Information

Meal Prices

Breakfast—\$1.50 Lunch \$2.85
NO charge for students at Empire



Grain Choice

We use only heart-healthy whole grain breads and rolls



Milk Choice

1% low fat & unflavored fat-free choices \$.50