



January 2019

Kindergarten Lunch Menu Empire, Fremont, Mark Twain

<p>1</p> <p>No School</p> <p>side items</p>	<p>2</p> <p>No School</p> <p>side items</p>	<p>3</p> <p>No School</p> <p>side items</p>	<p>4</p> <p>No School</p> <p>side items</p>
<p>7</p> <p>Breaded Drumstick w/ Roll</p> <p>Mashed Potatoes Mixed Fruit</p> <p>side items</p>	<p>8</p> <p>Boneless Wings w/ Roll</p> <p>Green Beans Diced Pears</p> <p>side items</p>	<p>9</p> <p>Bean & Cheese Burrito</p> <p>Garden Salad Fresh Banana</p> <p>side items</p>	<p>10</p> <p>Chicken Nuggets w/Roll</p> <p>Refried Beans Applesauce</p> <p>side items</p>
<p>14</p> <p>Fish Bites w/ Roll</p> <p>Baby Carrots Orange Wedges</p> <p>side items</p>	<p>15</p> <p>Chicken Tenders w/ Roll</p> <p>Apple Slices Garden Salad</p> <p>side items</p>	<p>16</p> <p>Italian Dunkers w/ Marinara</p> <p>Green Beans Diced Peaches</p> <p>side items</p>	<p>17</p> <p>Hotdog on Bun</p> <p>Campfire Beans Applesauce</p> <p>side items</p>
<p>21</p> <p>No School</p> <p>side items</p>	<p>22</p> <p>Chicken Nuggets w/ Roll</p> <p>Green Beans Diced Pears</p> <p>side items</p>	<p>23</p> <p>Hamburger</p> <p>Garden Salad Fresh Banana</p> <p>side items</p>	<p>24</p> <p>Boneless Wings w/ Roll</p> <p>Campfire Beans Applesauce</p> <p>side items</p>
<p>28 Birthday Celebration</p> <p>Mini Confetti Pancakes w/ Sausage Patties</p> <p>Tater Tots Mixed Fruit</p> <p>side items</p>	<p>29</p> <p>Italian Dunkers w/ Marinara</p> <p>Garden Salad Apple Slices</p> <p>side items</p>	<p>30</p> <p>Chicken Tenders w/ Roll</p> <p>Whole Kernel Corn Diced Peaches</p> <p>side items</p>	<p>31</p> <p>Chicken & Chili Taquitos</p> <p>Kickin Pintos Applesauce</p> <p>side items</p>
<p>11</p> <p>Pepperoni Pizza</p> <p>Baby Carrots 100% Orange Juice</p> <p>side items</p>	<p>18</p> <p>Cheese Pizza</p> <p>Whole Kernel Corn 100% Orange Juice</p> <p>side items</p>	<p>25</p> <p>Pepperoni Pizza</p> <p>Cucumbers 100% Orange Juice</p> <p>side items</p>	<p>side items</p>



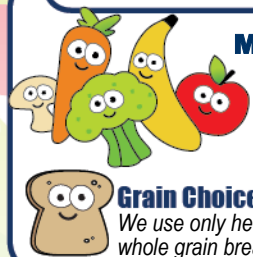
Choose and Entree: Our featured hot entrée, a hot handheld favorite; and a salad or a sandwich
Take up to 3 sides:
 Each meal includes: fresh varieties of fruit, and a healthful rotation of vegetables

Menu Subject to change

Additional Information

Meal Prices

Breakfast—\$1.50 Lunch \$2.85
 NO charge for students at Empire and Mark Twain



Grain Choice

We use only heart-healthy whole grain breads and rolls



Milk Choice

1% low fat & unflavored/ flavored fat-free choices \$.50