



# January 2019

## Elementary Lunch Empire, Fremont, Mark Twain

**January is National Soup Month!**

**1**  
No School

**2**  
No School

**3**  
No School

**4**  
No School

**7**  
Breaded Drumstick w/ Roll  
Cheeseburger  
Ham Sandwich

**8**  
Spaghetti w/ Meatsauce  
**Boneless Wings w/ Roll**  
Chicken Chef Salad w/ Roll

**9**  
Chili w/ Roll  
**Bean & Cheese Burrito**  
Fruit & Cheese Plate w/ Roll

**10**  
Beef Tacos  
**Chicken Nuggets w/ Roll**  
Turkey & Cheese Sub

**11**  
**Pepperoni Pizza**  
Chicken Patty Sandwich  
All American Wrap

**14**  
Fish Bites w/ Roll  
Meatball Sub  
Make Your Own Pepperoni  
Pizza Bagel

**15**  
BBQ Chicken Sandwich  
**Chicken Tenders w/ Roll**  
Turkey Sub

**16**  
Penne w/ Meatsauce  
**Italian Dunkers w/ Marinara**  
All American Sandwich

**17**  
Spicy Chicken Sandwich  
**Hotdog on Bun**  
Chicken Chef Salad w/ Roll

**18**  
**Cheese Pizza**  
BBQ Riblet on Bun  
Sunbutter & Jelly Sandwich

**21**  
No School MLK Day

**22**  
Grilled Cheese Sandwich  
**Chicken Nuggets w/ Roll**  
Turkey & Cheese Wrap

**23**  
Tangerine Chicken w/ Rice  
**Hamburger**  
Chicken & Cheese Salad w/ Roll

**24**  
Chili w/ Roll  
**Boneless Wings w/ Roll**  
All American Sub

**25**  
**Pepperoni Pizza**  
Chicken Patty Sandwich  
Turkey & Cheese Sandwich

**28** **BirthDay Celebration**  
Mini Confetti Pancakes w/  
Sausage Patties  
Turkey & Cheese Sub

**29**  
Italian Dunkers w/ Marinara  
Hotdog on Bun  
Make Your Own Flatbread  
Pizza

**30**  
Loaded Cheeseburger  
**Chicken Tenders w/ Roll**  
Sunbutter & Jelly Sandwich

**31**  
**Chicken & Chili Taquitos**  
Spicy Chicken Sandwich  
Turkey Sandwich

**31**



**Choose and Entree:** Our featured hot entrée, a hot handheld favorite; and a salad or a sandwich  
**Take up to 3 sides:**  
Each meal includes: fresh varieties of fruit, and a healthful rotation of vegetables

**Menu Subject to change**

### Additional Information

#### Meal Prices

Breakfast—\$1.50 Lunch \$2.85  
NO charge for students at Empire



#### Grain Choice

We use only heart-healthy whole grain breads and rolls



#### Milk Choice

1% low fat & unflavored/  
flavored fat-free choices \$.50