



Elementary Breakfast Menu

February 2019

				1 Benefit Bar Jurassic Park Grahams w/ String Cheese Fresh Apple Diced Peaches 100% Apple Juice
4 No School Professional Development Day Fresh Apple Diced Pears 100% Grape Juice	5 Glazed Donut Goldfish Pretzels w/ Strawberry Banana Yogurt Fresh Fruit Mixed Fruit 100% Fruit Juice	6 Sausage Egg & Cheese English Muffin Animal Crackers w/ String Cheese Fresh Banana Applesauce 100% Orange Juice	7 Breakfast Pizza Goldfish Pretzels w/ Strawberry Banana Yogurt Fresh Fruit Strawberry Craisins 100% Fruit Juice	8 Chocolate Crescent Jurassic Park Grahams w/ String Cheese Fresh Apple Diced Peaches 100% Apple Juice
11 Pancakes w/ Syrup Jurassic Park Grahams w/ String Cheese Fresh Apple Diced Pears 100% Grape Juice	12 Blueberry Muffin Goldfish Pretzels w/ Strawberry Banana Yogurt Fresh Fruit Mixed Fruit 100% Fruit Juice	13 Omelet w/ Tater Tots & toast Animal Crackers w/ String Cheese Fresh Banana Applesauce 100% Orange Juice	14 Glazed Donut Goldfish Pretzels w/ Strawberry Banana Yogurt Fresh Fruit Strawberry Craisins 100% Fruit Juice	15 No School
18 No School MLK Day	19 Cinnamon Roll Goldfish Pretzels w/ Strawberry Banana Yogurt Fresh Fruit Mixed Fruit 100% Fruit Juice	20 Apple Bosco Stick Animal Crackers w/ String Cheese Fresh Banana Applesauce 100% Orange Juice	21 Chorizo Beef & Cheese Taguito Goldfish Pretzels w/ Strawberry Banana Yogurt Fresh Fruit Strawberry Craisins	22 Chocolate Muffin Jurassic Park Grahams w/ String Cheese Fresh Apple Diced Peaches 100% Apple Juice
25 Cherry Frudel Grahams w/ String Cheese Fresh Apple Diced Pears 100% Grape Juice	26 Strawberry Cream Cheese Bagel Goldfish Pretzels w/ Strawberry Banana Yo- gurt Fresh Fruit Mixed Fruit 100% Fruit Juice	27 Blueberry Muffin Animal Crackers w/ String Cheese Fresh Banana Applesauce 100% Orange Juice	28 French Toast Sticks Goldfish Pretzels w/ Strawberry Banana Yogurt Fresh Fruit Strawberry Craisins 100% Fruit Juice	

More info...

Breakfast is a main entrée OR pick two from the grains and proteins offered each day for your meal

Assorted Whole Grain Cereals offered daily with WG Animal Crackers

More info...

Breakfast - \$ 1.50 Lunch - \$2.85
NO Charge for students at Empire

Grab a milk

1% low fat & unflavored/
flavored fat-free choices

Menu is subject to change