



Pre-K Breakfast

December 2018

3 Blueberry Muffin Strawberry Applesauce Cup	4 Rice Krispies Cereal Apple Wedges	5 Rice Chex Cereal Fresh Banana	6 Cheerios Cereal Strawberry Craisins	7 Strawberry Banana Yogurt w/ Animal Crackers 100% Apple Juice
10 Chocolate Muffin Strawberry Applesauce Cup	11 Rice Krispies Cereal Apple Wedges	12 Rice Chex Cereal Fresh Banana	13 Cheerios Cereal Strawberry Craisins	14 Strawberry Banana Yogurt w/ Animal Crackers 100% Orange Juice
17 Blueberry Muffin Strawberry Applesauce Cup	18 Rice Krispies Cereal Apple Wedges	19 Rice Chex Cereal Fresh Banana	20 Cheerios Cereal Strawberry Craisins	21 Strawberry Banana Yogurt w/ Animal Crackers 100% Apple Juice
24 No School	25 No School	26 No School	27 No School	28 No School
31 No School				

More info...

All Grains are Whole Grain
 Students will be asked to choose at least 3 items daily.

More info...

Meal Prices

Breakfast - \$1.50 Lunch - \$2.85
 NO Charge for Students at Empire

Grab a milk

1% low fat & unflavored fat-free choices