



December 2018

Elementary Lunch Empire, Fremont, Mark Twain

<p>3 Chili w/ Roll Cheeseburger Ham Sandwich</p> <p><i>side items</i></p> <p>Tater Tots Fresh Broccoli Garden Salad Fresh Fruit Mixed Fruit</p>	<p>4 Spaghetti w/ Meatsauce Boneless Wings w/ Roll Egg Chef Salad w/ Roll</p> <p><i>side items</i></p> <p>Green Beans Baby Carrots Garden Salad Apple Slices Diced Pears</p>	<p>5 Comfort Food Macaroni & Cheese Chicken & Chili Taquito Fruit & Cheese Plate w/ Roll</p> <p><i>side items</i></p> <p>Whole Kernel Corn Cucumbers Garden Salad Fresh Banana Diced Peaches</p>	<p>6 Beef Tacos Chicken Nuggets w/ Roll Turkey & Cheese Sub</p> <p><i>side items</i></p> <p>Refried Beans Celery Sticks Garden Salad Applesauce Mixed Berry Fruit Cup</p>	<p>7 Pepperoni Pizza Chicken Patty Sandwich All American Wrap</p> <p><i>side items</i></p> <p>Baby Carrots Cauliflower Garden Salad Fresh Apple 100% Orange Juice</p>
<p>10 Fish Bites w/ Roll Meatball Sub Make Your Own Pepperoni Pizza Bagel</p> <p><i>side items</i></p> <p>Seasoned Crisscut Fries Grape Tomatoes Garden Salad Fresh Fruit Mixed Fruit</p>	<p>11 BBQ Chicken Sandwich Chicken Tenders w/ Roll Turkey Sub</p> <p><i>side items</i></p> <p>Campfire Beans Cucumbers Garden Salad Apple Slices Diced Pears</p>	<p>12 Penne w/ Meatsauce Italian Dunkers w/ Marinara All American Sandwich</p> <p><i>side items</i></p> <p>Green Beans Celery Sticks Garden Salad Fresh Banana Diced Peaches</p>	<p>13 Birthday Celebration Mini Confetti Pancakes w/ Sausage Patties Hotdog on Bun Chicken Chef Salad w/ Roll</p> <p><i>side items</i></p> <p>Tater Tots Baby Carrots Garden Salad Applesauce Fresh Fruit</p>	<p>14 Cheese Pizza BBQ Riblet Sandwich Sunbutter & Jelly Sandwich</p> <p><i>side items</i></p> <p>Whole Kernel Corn Fresh Broccoli Garden Salad Mixed Berry Fruit Cup Orange Juice</p>
<p>17 Loaded Cheeseburger Corndog Ham & Cheese Sandwich</p> <p><i>side items</i></p> <p>Whole Kernel Corn Baby Carrots Garden Salad Fresh Fruit Mixed Fruit</p>	<p>18 Breaded Drumstick w/ Roll Grilled Cheese Sandwich Turkey & Cheese Wrap</p> <p><i>side items</i></p> <p>Campfire Beans Cucumbers Garden Salad Apple Slices Diced Pears</p>	<p>19 Tangerine Chicken w/ Rice Hamburger Chicken & Cheese Salad w/ Roll</p> <p><i>side items</i></p> <p>Steamed Broccoli Garden Salad Fresh Cauliflower Fresh Banana Diced Peaches</p>	<p>20 Turkey w/ Gravy & Roll Boneless Wings w/ Roll All American Sub</p> <p><i>side items</i></p> <p>Green Beans Garden Salad Applesauce Fresh Fruit Candy Cane Ice Cream Cup</p>	<p>21 Pepperoni Pizza Chicken Patty Sandwich Turkey & Cheese Sandwich</p> <p><i>side items</i></p> <p>Baby Carrots Cucumbers Garden Salad Mixed Berry Fruit Cup 100% Orange Juice</p>
<p>24 No School</p> <p><i>side items</i></p>	<p>25 No School</p> <p><i>side items</i></p>	<p>26 No School</p> <p><i>side items</i></p>	<p>27 No School</p> <p><i>side items</i></p>	<p>28 No School</p> <p><i>side items</i></p>
<p>31 No School</p> <p><i>side items</i></p>	<p><i>side items</i></p>	<p><i>side items</i></p>	<p><i>side items</i></p>	<p><i>side items</i></p>



Choose and Entree: Our featured hot entrée, a hot handheld favorite; and a salad or a sandwich
Take up to 3 sides:
 Each meal includes: fresh varieties of fruit, and a healthful rotation of vegetables

Menu Subject to change

Additional Information

Meal Prices

Breakfast—\$1.50 Lunch \$2.85
 NO charge for students at Empire



Grain Choice

We use only heart-healthy whole grain breads and rolls



Milk Choice

1% low fat & unflavored/
 flavored fat-free choices \$.50