



Pre-K Breakfast

April 2019

1 Blueberry Muffin Strawberry Applesauce Cup	2 Rice Krispies Cereal Apple Wedges	3 Rice Chex Cereal Fresh Banana	4 Cheerios Cereal Strawberry Craisins	5 Strawberry Banana Yogurt w/ Animal Crackers 100% Apple Juice
8 No School Professional Development Day	9 Rice Krispies Cereal Apple Wedges	10 Rice Chex Cereal Fresh Banana	11 Cheerios Cereal Strawberry Craisins	12 Strawberry Banana Yogurt w/ Animal Crackers 100% Apple Juice
15 No School Spring Break	16 No School Spring Break	17 No School Spring Break	18 No School Spring Break	19 No School Spring Break
22 No School Spring Break	23 Rice Krispies Cereal Apple Wedges	24 Rice Chex Cereal Fresh Banana	25 Cheerios Cereal Strawberry Craisins	26 Strawberry Banana Yogurt w/ Animal Crackers 100% Apple Juice
29 Blueberry Muffin Strawberry Applesauce Cup	30 Rice Krispies Cereal Apple Wedges			

More info...

All Grains are Whole Grain
Students will be asked to choose at least 3 items daily.

More info...

Meal Prices

Breakfast - \$1.50 Lunch - \$2.85
NO Charge for Students at Empire

Grab a milk

1% low fat & unflavored fat-free choices