



April 2019

Elementary Lunch Empire, Fremont, Mark Twain

<p>1 Cheeseburger Corn dog Ham & Cheese Sandwich</p> <p><i>side items</i> Whole Kernel Corn Baby Carrots Garden Salad Orange Wedges Mixed Fruit April Fools Ice Cream Cup</p>	<p>2 Sunbutter & Jelly Day Grilled Cheese Sandwich Chicken Nuggets w/ Roll Sunbutter & Jelly Sandwich</p> <p><i>side items</i> Green Beans Cucumbers Garden Salad Apple Slices Diced Pears</p>	<p>3 Tangerine Chicken w/ Rice Hamburger Chicken Cheese Salad w/ Roll</p> <p><i>side items</i> Steamed Broccoli Cauliflower Garden Salad Fresh Banana Diced Peaches</p>	<p>4 Penne w/ Meatsauce Boneless Wings w/ Roll All American Sub</p> <p><i>side items</i> Campfire Beans Celery Sticks Garden Salad Rosy Applesauce Fresh Orange</p>	<p>5 Pepperoni Pizza Chicken Patty Sandwich Turkey & Cheese Sandwich</p> <p><i>side items</i> Baby Carrots Garden Salad Cucumbers Mixed Berry Cup Orange Juice</p>
<p>8 No School Professional Development Day</p> <p><i>side items</i></p>	<p>9 Italian Dunkers w/ Marinara Hotdog on Bun Make Your Own Flatbread Pizza</p> <p><i>side items</i> Roasted Carrots Garden Salad Cauliflower Apple Slices Diced Pears</p>	<p>10 Birthday Celebration Mini Confetti Pancakes w/ Omelet Chicken Tenders w/ Roll Sunbutter & Jelly Sandwich</p> <p><i>side items</i> Tater Tots Celery Sticks Garden Salad Fresh Banana Diced Peaches</p>	<p>11 Spring Fling BBQ BBQ Pork Plate w/ Baked Beans & Corn Muffin Spicy Chicken Sandwich Turkey Sandwich</p> <p><i>side items</i> Celery Sticks Baked Beans Garden Salad Rosy Applesauce Fresh Orange</p>	<p>12 Cheese Pizza Hamburger Ham & Cheese Sub</p> <p><i>side items</i> Green Beans Cucumbers Garden Salad Fresh Orange 100% Orange Juice Fresh Apple</p>
<p>15 No School Spring Break</p> <p><i>side items</i></p>	<p>16 No School Spring Break</p> <p><i>side items</i></p>	<p>17 No School Spring Break</p> <p><i>side items</i></p>	<p>18 No School Spring Break</p> <p><i>side items</i></p>	<p>19 No School Spring Break</p> <p><i>side items</i></p>
<p>22 No School Spring Break</p> <p><i>side items</i></p>	<p>23 Sloppy Joe on Bun Boneless Wings w/ Roll Chicken Chef Salad w/ Roll</p> <p><i>side items</i> Green Beans Baby Carrots Garden Salad Apple Slices Diced Pears</p>	<p>24 Green Chile Quesadilla Bean & Cheese Burrito Fruit & Cheese Plate w/ Roll</p> <p><i>side items</i> Whole Kernel Corn Cucumbers Garden Salad Fresh Banana Diced Peaches</p>	<p>25 Crunchy Beef Tacos Chicken Nuggets w/ Roll Turkey & Cheese Sub</p> <p><i>side items</i> Refried Beans Celery Sticks Garden Salad Rosy Applesauce Mixed Berry Cup</p>	<p>26 Pepperoni Pizza Chicken Patty Sandwich All American Wrap</p> <p><i>side items</i> Baby Carrots Cauliflower Garden Salad Fresh Apple 100% Orange Juice</p>
<p>29 Cheese Enchiladas Fish Bites w/ Roll Make Your Own Pepperoni Pizza Bagel</p> <p><i>side items</i> Seasoned Crisscut Fries Baby Carrots Garden Salad Orange Wedges Mixed Fruit</p>	<p>30 BBQ Chicken Sandwich Chicken Tenders w/ Roll Turkey Sub</p> <p><i>side items</i> Roasted Cauliflower Garden Salad Cucumbers Apple Slices Diced Pears</p>	<p><i>side items</i></p>	<p><i>side items</i></p>	<p><i>side items</i></p>



Choose and Entree: Our featured hot entrée, a hot handheld favorite; and a salad or a sandwich

Take up to 3 sides:

Each meal includes: fresh varieties of fruit, and a healthful rotation of vegetables

Menu Subject to change

Additional Information

Meal Prices

Breakfast—\$1.50 Lunch \$2.85
NO charge for students at Empire



Grain Choice

We use only heart-healthy whole grain breads and rolls



Milk Choice

1% low fat & unflavored/
flavored fat-free choices \$.50