



Elementary Breakfast Menu

April 2019

1
Cherry Frudel
Jurassic Park
Grahams w/ String
Cheese

Fresh Apple
Diced Pears
100% Grape Juice

2
Strawberry Cream
Cheese Bagel
Goldfish Pretzels w/
Strawberry Banana
Yogurt

Fresh Fruit
Mixed Fruit
100% Fruit Juice

3
Blueberry Muffin
Animal Crackers w/
String Cheese

Fresh Banana
Applesauce
100% Orange Juice

4
French Toast Sticks w/
Syrup
Goldfish Pretzels w/
Strawberry Banana
Yogurt

Fresh Fruit
Strawberry Craisins
100% Fruit Juice

5
Chocolate Crescent
Jurassic Park
Grahams w/ String
Cheese

Fresh Apple
Diced Peaches
100% Apple Juice

8
No School
Professional
Development Day

9 National Unicorn Day
Pancake on a Stick
Lucky Charms w/
Unicorns
Goldfish Pretzels w/
Strawberry Banana
Yogurt

Fresh Fruit
Mixed Fruit

10
Cinnamon Roll
Animal Crackers w/
String Cheese

Fresh Banana
Applesauce
100% Orange Juice

11
Banana Muffin
Goldfish Pretzels w/
Strawberry Banana
Yogurt

Fresh Fruit
Strawberry Craisins
100% Fruit Juice

12
Benefit Bar
Jurassic Park
Grahams w/ String
Cheese

Fresh Apple
Diced Peaches
100% Apple Juice

15
No School Spring
Break

16
No School Spring
Break

17
No School Spring
Break

18
No School Spring
Break

19
No School Spring
Break

22
No School Spring
Break

23
Blueberry Muffin
Goldfish Pretzels w/
Strawberry Banana
Yogurt

Fresh Fruit
Mixed Fruit
100% Fruit Juice

24
Omelet w/ Tater Tots
& Toast
Animal Crackers w/
String Cheese

Fresh Banana
Applesauce
100% Orange Juice

25
Glazed Donut
Goldfish Pretzels w/
Strawberry Banana
Yogurt

Fresh Fruit
Strawberry Craisins
100% Fruit Juice

26
Cherry Frudel
Jurassic Park
Grahams w/ String
Cheese

Fresh Apple
Diced Peaches
100% Apple Juice

29
Cheesy Scrambled Eggs
w/ Toast
Grahams w/ String
Cheese

Fresh Apple
Diced Pears
100% Grape Juice

30
Cinnamon Roll
Goldfish Pretzels w/
Strawberry Banana Yo-
gurt

Fresh Fruit
Mixed Fruit
100% Fruit Juice

More info...

Breakfast is a main entrée OR pick two from the grains and proteins offered each day for your meal

Assorted Whole Grain Cereals offered daily with WG Animal Crackers

More info...

Breakfast - \$ 1.50 Lunch - \$2.85
NO Charge for students at Empire

Grab a milk

1% low fat & unflavored/
flavored fat-free choices

Menu is subject to change